

第4-4表 体重(女子)

区分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳	
昭和	30	16.8	18.1	19.9	21.9	24.3	26.9	30.3	34.6	39.2	43.5	46.5	48.8	50.1
	31	16.9	18.0	20.0	22.2	24.4	27.3	31.0	35.2	39.9	44.1	47.3	49.5	50.5
	32	16.9	18.1	20.1	22.3	24.6	27.4	31.0	35.9	40.4	44.0	47.3	49.5	50.5
	33	16.9	18.2	20.1	22.4	24.7	27.7	31.2	36.2	41.0	44.7	47.8	49.6	50.9
34	17.1	18.2	20.1	22.1	24.7	27.4	31.4	36.4	41.0	45.1	48.2	50.0	51.1	
35	17.1	18.3	20.2	22.6	25.1	28.1	31.7	37.1	41.4	45.5	48.2	49.9	50.6	
36	17.1	18.3	20.3	22.6	25.2	28.2	32.2	37.1	41.6	45.1	48.5	50.2	51.2	
37	17.5	18.4	20.4	22.8	25.3	28.4	32.5	37.6	42.2	46.0	48.3	50.3	50.9	
38	17.3	18.8	20.6	23.3	25.8	29.1	33.1	37.6	42.4	45.9	48.4	50.3	51.6	
39	17.5	18.7	20.7	23.1	25.7	28.9	32.9	38.0	42.7	46.0	49.1	50.8	51.8	
40	17.6	19.0	21.2	23.5	26.1	29.6	33.8	38.6	43.1	46.5	49.6	51.3	52.0	
41	17.7	19.0	21.2	23.5	26.4	29.8	34.2	38.9	43.6	47.1	49.5	51.1	51.8	
42	17.7	19.2	21.4	24.0	26.7	30.2	34.5	39.7	44.0	48.0	50.1	51.3	52.0	
43	17.7	19.3	21.4	24.0	26.8	30.4	34.6	40.2	44.5	47.9	50.4	52.2	52.8	
44	18.1	19.4	21.7	24.2	27.1	30.7	35.1	40.3	44.7	48.3	50.8	52.2	52.9	
45														
46														
47	18.3	19.9	22.4	24.8	27.9	31.9	36.4	41.7	45.9	49.3	51.4	52.6	53.6	
48	18.4	20.1	22.7	25.1	28.4	32.0	36.9	41.9	46.2	49.4	51.6	53.0	53.2	
49	18.4	20.2	22.4	25.3	28.5	32.2	36.8	41.8	46.1	49.4	51.5	52.9	53.3	
50	18.2	20.1	22.5	25.4	28.6	32.4	37.4	42.1	46.4	49.4	51.8	53.3	53.5	
51	18.5	20.3	22.7	25.4	28.4	32.8	37.4	42.2	46.5	49.7	51.6	52.9	53.0	
52														
53														
54	18.5	20.4	22.6	25.8	28.9	32.9	38.3	42.8	47.2	50.7	52.8	52.8	53.2	
55	18.7	20.5	23.1	25.7	28.6	33.5	37.4	42.9	47.1	50.8	52.4	52.9	53.5	
56	18.7	20.8	23.0	25.8	29.1	33.1	37.7	42.5	47.3	50.4	52.6	53.2	53.0	
57	18.8	21.0	22.8	25.9	29.1	33.2	37.7	43.0	47.1	50.1	52.6	53.3	53.4	
58	18.9	21.1	23.3	26.3	29.3	32.9	38.1	42.7	47.4	50.2	53.1	52.8	53.4	
59	18.9	20.8	23.3	26.0	29.5	33.2	37.8	43.6	47.4	50.3	53.0	53.8	53.4	
60	18.9	21.1	23.4	26.2	29.5	33.6	38.4	43.3	47.7	50.3	51.9	53.2	53.8	
61	19.0	20.9	23.6	26.2	29.9	33.3	38.5	43.2	47.0	50.7	53.0	53.9	53.5	
62	19.0	21.2	23.8	26.7	29.5	34.0	39.0	44.2	47.5	50.1	52.7	52.8	53.6	
63	19.0	21.2	23.6	26.8	30.2	34.0	38.4	44.0	47.6	50.2	52.3	53.5	53.1	
平成	元	19.0	21.3	23.5	26.6	29.9	34.0	38.8	44.3	47.7	51.1	52.1	53.3	53.6
2	19.1	21.2	23.6	26.8	30.1	34.5	39.6	44.1	48.1	50.6	52.4	53.4	53.2	
3	19.1	21.5	23.9	26.8	30.3	34.3	39.6	44.2	47.9	50.2	53.1	53.7	53.6	
4	19.0	21.4	23.7	26.8	30.2	34.6	39.4	44.2	48.0	51.3	52.2	53.6	53.3	
5	19.3	21.5	24.1	27.1	30.6	35.3	39.6	44.3	48.4	51.3	53.5	53.7	53.2	
6	19.3	21.7	24.2	27.1	30.6	35.7	39.8	44.1	47.7	51.0	53.1	53.6	53.3	
7	19.2	21.5	23.7	27.3	30.8	35.2	39.9	44.2	48.4	50.5	53.2	54.3	54.2	
8	19.2	21.7	24.1	27.2	30.5	34.8	39.8	44.7	48.4	51.2	52.6	53.8	54.0	
9	19.3	21.5	24.3	27.2	30.8	35.0	40.0	45.4	48.1	50.5	53.1	53.2	53.4	
10	19.1	21.2	24.0	27.4	30.7	35.0	40.8	44.9	48.2	51.0	52.3	53.6	54.4	
11	19.0	21.3	24.0	27.3	31.0	34.8	40.2	45.3	48.6	51.3	52.2	53.0	53.6	
12	19.0	21.5	23.8	27.3	31.2	35.2	40.3	45.4	48.3	51.0	52.6	53.5	53.6	
13	19.0	21.3	23.9	27.6	30.8	35.6	40.5	45.5	48.8	51.6	52.9	53.8	53.3	
14	19.2	21.3	24.0	27.2	30.4	34.4	39.8	45.2	47.7	51.3	52.2	53.6	54.4	
15	18.9	21.4	24.0	27.5	30.6	34.8	41.1	45.1	48.3	51.0	53.0	54.1	54.4	
16	18.9	21.5	23.9	27.0	31.1	34.8	39.8	44.6	48.6	50.9	52.4	53.8	53.7	
17	18.8	21.3	23.9	26.9	30.9	34.8	40.2	44.9	49.0	51.1	52.5	54.3	54.7	
18	19.0	21.2	24.2	27.1	30.5	34.8	39.8	44.4	47.6	51.2	52.3	53.7	53.7	
19	18.8	21.2	23.9	27.2	30.1	34.9	39.0	44.4	47.8	50.5	52.3	53.8	53.9	
20	19.0	21.0	23.8	26.6	30.0	34.4	39.7	45.6	47.9	50.9	51.4	53.4	53.0	
21	18.9	21.0	23.8	27.0	30.0	34.5	40.0	45.2	47.8	50.5	52.4	53.0	53.1	
22	18.9	21.3	23.7	27.0	30.5	34.6	39.4	43.5	47.2	50.1	51.4	53.5	53.3	
23	18.7	21.0	23.8	26.7	30.2	34.8	39.7	44.2	47.1	50.3	51.8	52.2	53.3	
24	18.6	21.5	23.8	26.8	31.0	34.1	39.9	44.0	47.5	49.7	51.1	52.6	53.5	
25	18.7	21.1	23.3	26.8	30.7	34.4	39.2	44.3	47.4	50.5	51.1	52.8	52.7	
26	18.8	21.3	23.5	26.9	30.2	34.7	39.2	43.9	47.1	50.2	51.2	52.4	53.4	
27	18.7	21.4	24.0	26.9	30.5	34.6	38.4	44.0	47.4	50.4	51.3	52.7	52.6	
28	18.9	21.3	23.8	26.9	30.2	34.9	39.2	43.4	47.2	49.7	52.1	52.5	53.7	
29	18.8	21.0	23.9	26.7	30.6	34.7	40.0	43.7	47.2	50.0	52.2	52.4	54.0	
30	18.7	21.3	23.6	26.9	30.4	34.8	39.9	43.8	47.6	50.3	51.9	52.6	53.2	
令和	元	18.9	21.1	23.9	26.8	30.5	34.7	39.7	44.1	47.7	50.8	52.5	53.3	53.2
2	18.8	21.3	23.9	26.8	30.8	35.0	39.2	43.9	47.9	50.1	52.1	53.2	53.5	
3	19.0	21.4	24.5	27.8	31.3	35.6	39.8	44.8	47.8	50.1	51.6	53.0	53.3	
4	19.1	21.5	23.9	27.6	31.3	36.0	41.1	44.3	47.5	50.7	51.2	53.1	53.5	
5	19.3	21.2	24.2	27.1	31.0	35.5	40.5	44.6	47.2	50.2	51.3	52.1	53.2	
6	18.8	21.2	23.6	26.5	30.7	35.5	40.7	44.1	47.5	49.7	51.1	52.1	53.3	

資料 文部科学省「学校保健統計調査報告書」昭和35年以降
 文部省「学校衛生統計報告書」昭和30～34年
 注1) 数値は、新潟県の平均値である。ただし、以下の年度は県集計ではないので、空欄にしてある。
 昭和45、46年 : 全国の平均値
 昭和52、53年 : 北陸地方(新潟、富山、石川、福井)の平均値

	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S30	16.8	18.1	19.9	21.9	24.3	26.9	30.3	34.6	39.2	43.5	46.5	48.8	50.1
R6	18.8	21.2	23.6	26.5	30.7	35.5	40.7	44.1	47.5	49.7	51.1	52.1	53.3
のび	2.0	3.1	3.7	4.6	6.4	8.6	10.4	9.5	8.3	6.2	4.6	3.3	3.2