

第4-3表 体重(男子)

区分	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳	
昭和	30	17.5	18.5	20.5	22.6	24.9	27.2	29.7	33.0	37.7	42.7	48.6	52.4	54.8
	31	17.4	18.7	20.8	22.8	25.0	27.4	29.9	33.4	37.9	43.3	49.7	53.0	55.5
	32	17.3	18.7	20.8	22.9	25.2	27.5	30.3	33.9	38.4	43.7	49.7	53.5	55.6
	33	17.5	18.8	20.8	23.0	25.2	27.8	30.3	34.0	38.8	44.2	50.2	53.6	55.7
	34	17.8	18.7	20.7	23.0	25.1	27.6	30.3	34.0	39.4	44.8	50.8	54.3	56.3
	35	17.6	18.8	20.8	23.1	25.4	27.7	30.5	34.6	39.2	45.4	50.8	54.2	56.2
	36	17.7	18.9	21.0	23.1	25.5	27.8	30.7	34.9	39.5	44.9	51.5	54.6	56.7
	37	18.0	19.0	21.1	23.3	25.7	28.1	31.0	35.1	40.4	46.2	51.5	55.0	57.2
	38	18.0	19.3	21.5	23.6	25.9	28.7	31.5	35.4	40.4	46.2	51.4	54.9	57.2
	39	18.0	19.2	21.4	23.6	25.9	28.7	31.4	35.7	41.1	46.8	52.0	55.5	57.7
	40	18.1	19.5	21.7	24.1	26.5	29.2	32.2	36.4	41.6	47.4	52.4	56.2	57.9
	41	18.2	19.6	21.8	24.1	26.7	29.4	32.7	38.9	43.6	47.1	52.8	56.0	58.1
	42	18.1	19.5	21.9	24.2	26.7	29.7	33.1	37.4	42.6	48.2	53.1	56.4	58.6
	43	18.2	19.7	22.0	24.5	27.1	29.8	33.1	37.8	43.0	48.7	53.5	56.5	58.4
	44	18.4	19.9	22.1	24.7	27.3	30.4	33.5	37.9	43.4	49.0	53.7	56.8	58.6
	45													
	46													
	47	18.6	20.5	22.8	25.6	28.4	32.0	34.6	39.4	44.7	50.5	55.2	57.9	59.9
	48	18.7	20.4	23.0	25.9	28.6	32.0	35.2	39.8	45.3	50.9	56.0	58.6	59.9
	49	18.8	20.6	22.9	25.7	28.6	31.9	35.3	40.1	45.3	50.9	55.4	58.1	59.8
	50	18.5	20.6	23.1	25.6	28.7	32.0	35.5	40.2	45.8	51.6	55.4	58.5	60.1
	51	19.1	20.7	23.1	26.0	28.7	32.0	35.7	40.6	46.0	51.9	56.6	58.4	60.0
	52													
	53													
	54	19.0	21.0	23.5	26.0	29.1	32.5	35.8	40.7	47.3	52.4	57.1	59.8	61.0
	55	19.1	21.0	23.1	25.9	29.1	32.2	36.9	41.6	46.6	52.6	56.5	59.9	61.2
	56	19.0	21.2	23.1	26.4	29.2	32.6	36.1	41.6	46.9	51.8	57.2	59.8	60.6
	57	19.2	21.1	23.6	26.6	29.5	33.3	36.8	41.4	47.4	53.2	57.6	60.2	61.6
	58	19.0	21.1	23.6	26.5	29.3	33.2	36.4	41.6	47.1	53.1	57.7	60.0	62.2
	59	19.1	21.5	23.4	26.6	29.1	33.0	37.1	42.1	47.4	53.2	58.5	60.1	63.1
平成	60	19.4	21.5	23.9	26.9	30.1	33.3	37.2	42.5	48.0	53.1	58.5	59.8	61.6
	61	19.3	21.2	23.8	27.0	29.9	33.7	36.3	42.8	48.3	53.6	58.0	59.7	62.9
	62	19.3	21.6	24.1	26.9	30.1	34.2	37.5	43.5	48.8	54.0	57.9	60.4	62.2
	63	19.3	21.4	24.1	27.0	30.4	33.9	37.7	43.2	48.8	54.4	58.5	61.3	62.4
	元	19.4	21.7	24.7	27.2	30.2	33.9	38.0	43.6	48.7	54.8	59.2	60.8	62.5
	2	19.3	21.9	24.6	27.6	30.5	33.7	39.1	43.6	48.9	54.9	58.7	61.4	62.2
	3	19.5	21.8	24.6	27.6	31.2	34.6	38.9	44.1	49.0	55.1	59.1	61.1	62.7
	4	19.6	21.7	24.0	27.6	30.6	34.9	38.7	43.9	49.4	55.0	59.5	61.1	62.4
	5	19.6	22.1	24.1	27.8	31.3	35.0	38.5	44.3	50.2	55.1	59.2	61.7	62.2
	6	19.8	21.7	24.6	27.7	31.0	34.9	38.7	44.6	49.8	55.4	60.4	62.0	63.4
	7	19.5	21.8	24.4	28.1	31.0	34.8	38.9	44.7	50.4	54.6	59.7	62.5	63.2
	8	19.5	21.7	24.9	28.1	31.9	35.1	38.9	44.4	50.5	55.7	60.2	61.6	63.9
	9	19.3	21.9	24.8	27.9	31.3	35.2	38.8	45.1	50.2	55.7	60.1	61.1	63.6
	10	19.5	22.0	24.6	28.3	30.9	35.3	40.3	45.7	50.1	55.6	60.1	62.2	62.2
	11	19.3	21.9	24.7	28.1	32.2	35.1	39.3	46.0	50.9	55.7	59.4	60.9	63.4
	12	19.3	21.6	24.6	27.6	32.2	35.7	39.8	45.8	50.3	55.5	60.8	61.9	63.2
	13	19.3	22.0	24.5	27.8	31.5	35.9	40.3	46.4	51.0	55.6	60.4	61.9	63.2
	14	19.5	21.5	24.4	28.4	32.0	35.8	38.4	45.4	50.9	56.1	60.4	61.7	63.5
	15	19.3	22.0	24.7	28.1	31.5	35.1	40.0	45.6	51.6	55.7	60.5	63.3	64.4
	16	19.2	21.9	24.7	28.0	31.6	35.8	38.6	44.9	50.4	54.9	60.2	62.6	64.5
	17	19.4	21.7	24.8	27.8	31.5	35.7	40.1	45.2	51.4	56.5	61.3	62.4	64.6
	18	19.3	21.9	24.6	28.1	31.8	34.6	39.5	45.4	50.4	55.7	60.9	62.0	63.9
	19	19.2	21.6	24.3	27.1	31.5	34.8	39.4	45.0	50.5	55.1	60.5	62.7	63.8
	20	19.2	21.8	24.2	27.8	31.6	34.5	38.9	44.7	50.3	56.3	60.8	62.1	64.2
	21	19.3	21.8	24.4	27.6	30.2	35.0	38.6	44.4	49.9	55.3	60.6	62.2	64.0
	22	19.4	21.6	24.2	27.7	31.5	35.2	38.9	45.4	49.7	55.2	59.3	62.1	63.9
	23	19.0	21.4	24.0	27.5	31.2	34.7	38.7	44.6	49.4	55.5	59.8	61.5	63.0
	24	19.2	21.5	24.5	27.6	31.1	34.6	39.5	44.3	49.6	55.1	59.5	62.3	64.4
	25	19.0	21.7	24.4	27.5	31.2	34.9	38.6	43.7	49.1	54.7	59.5	62.3	63.6
	26	19.1	21.3	24.4	27.3	31.0	34.7	39.0	44.3	49.0	54.9	60.4	61.3	62.6
令和	27	19.1	21.7	24.4	27.7	30.7	34.8	39.1	43.9	49.0	54.3	58.6	61.5	62.0
	28	19.0	21.6	24.3	27.4	31.1	35.1	38.9	44.7	49.7	54.3	58.0	60.2	62.4
	29	19.1	21.4	24.5	27.6	30.6	35.1	38.3	43.3	49.8	54.1	58.9	60.6	62.6
	30	18.9	21.6	24.5	27.3	31.0	34.8	39.6	44.5	49.9	54.2	58.6	60.3	61.8
	元	19.2	21.4	24.5	27.8	31.2	35.1	39.5	44.4	49.4	54.6	59.8	62.0	62.4
	2	19.1	21.9	24.5	28.4	31.1	35.4	40.0	44.5	50.5	55.5	59.0	61.2	63.9
	3	19.5	21.8	25.0	28.0	32.1	35.6	40.0	45.7	50.3	55.7	59.1	61.4	63.4
	4	19.7	21.8	25.0	28.4	32.5	36.4	40.2	45.0	50.6	55.3	59.9	61.1	63.6
	5	19.3	21.8	24.8	27.8	31.1	35.6	40.4	46.5	50.9	55.1	59.1	62.6	63.4
	6	19.2	21.4	24.8	27.7	31.4	35.4	39.6	46.1	50.8	55.4	59.2	60.9	62.4

資料 文部科学省「学校保健統計調査報告書」昭和35年以降  
 文部省「学校衛生統計報告書」昭和30～34年  
 注1) 数値は、新潟県の平均値である。ただし、以下の年度は県集計ではないので、空欄にしてある。  
 昭和45、46年 : 全国の平均値  
 昭和52、53年 : 北陸地方(新潟、富山、石川、福井)の平均値

	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳
S30	17.5	18.5	20.5	22.6	24.9	27.2	29.7	33.0	37.7	42.7	48.6	52.4	54.8
R6	19.2	21.4	24.8	27.7	31.4	35.4	39.6	46.1	50.8	55.4	59.2	60.9	62.4
のび	1.7	2.9	4.3	5.1	6.5	8.2	9.9	13.1	13.1	12.7	10.6	8.5	7.6