

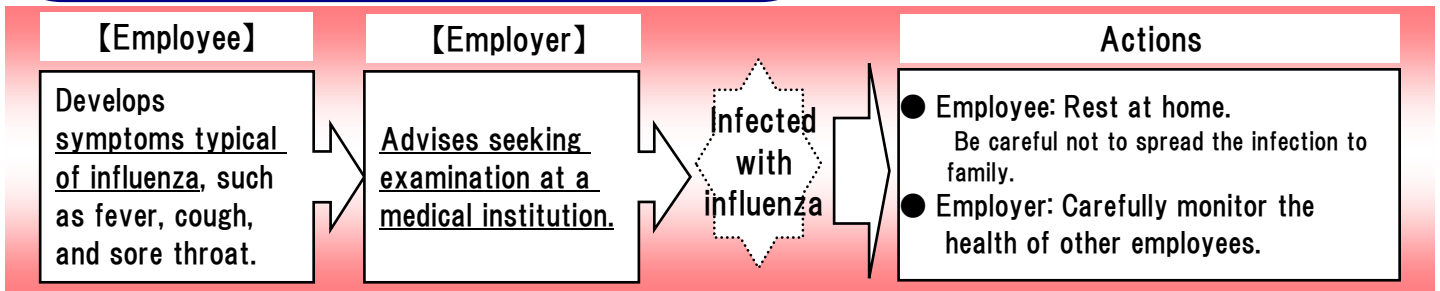
**Announcement
about New
Influenza A(H1N1)**

To All Employers

~To Prevent the Spreading of Infection~

All employees are asked to heed the following points and cooperate with measures to prevent spreading New Influenza.

**Action Plans in case of having influenza
infected/suspected employees**



- Employees infected with influenza should be prevented from going to work, advised to seek a medical examination, and given rest at home.
- It is not necessary to restrict employees who are not experiencing any symptoms at the moment from coming to work, but if there is any chance of infection, please take sufficient caution with clients.
- If there are multiple outbreaks of influenza in a short period (within about a week), please consult your district Public Health Center to prevent mass infection at the workplace.

Preventing Tips at the Workplace

※The spray from a cough or sneeze by an infected patient contains the new influenza virus.



- Place disinfecting alcohol at entrances and exits.
- Adequately ventilate the office.
- Provide through instruction in gargling, hand washing, and coughing etiquette. *
- If there are symptoms of coughing and fever, be sure to quickly get a consultation at a medical institution.
- ※Get advice by telephone from your physician before your exam.
- Familiarize all employees that they are required to report their employer immediately after if they are diagnosed with influenza.
- Familiarize all employees that they are required to strictly refrain from going to work by taking fever medicine when fever and coughing are severe, and rest at home.



To prevent a sudden, widespread outbreak, everyone needs to be well informed and take efforts against it.

What's coughing etiquette?

- 1 Stay away from those around you (2 meters, if possible).
- 2 When you cough or sneeze, turn your face away from other people and cover your mouth and nose.
- 3 Wash your hands with soap after covering a cough or sneeze.
- 4 Wear a mask for as long as coughing and sneezing persists, and throw away used masks immediately.



Issued by the Niigata Prefectural New Influenza Prevention Task Force
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